

2nd Vice Co-Chair



Jackson Hitchner

I am a physical therapist for the Harris Health System operating at Sareen Clinic. I came to work for the Harris Health System after graduating from the Harris Health Orthopedic Residency in 2022. My interests in physical therapy revolve around working with patients with chronic pain and serving underserved populations. Outside of my work life, my LIFE life consists of plenty of physical activity, whether it be playing soccer and beach volleyball, going for hikes, or just a simple walk around Memorial Park. You'll also find me consistently watching my favorite teams with the UNC Tar Heels, Carolina Panthers and Carolina Hurricanes. I am originally from Charlotte, NC and did my undergraduate studies at the University of North Carolina. I'm a true Carolina guy at heart that found a second home in Texas, though my favorite color will always remain Carolina blue.

Growing up, serving the community was something my parents felt was very important that I was consistently involved in. As I have grown into my own person, serving the community is something that has absolutely continued to be important to me. I am running for 2nd Vice Co-chair within the SED because I view this as an opportunity to continue serving my community in a role I feel I can be effective in. However, I also view it as an opportunity to branch out and do something I am capable of putting a larger effort towards, and that is serving/advocating for my profession. If elected I can bring excitement into this role and treat it with the same value I've put forth towards serving the community throughout my entire life. While serving in the SED, I am excited to learn a lot in this new role, serve my profession, and serve the physical therapy community.



Jen Boudreaux, Houston Methodist Orthopedics & Sports Medicine

I graduated from Louisiana State University with my B.S. in Kinesiology in 2010, obtained my DPT from the University of Texas Medical Branch in 2014, obtained my OCS in 2021 and FAAOMPT in 2022. I love to travel, bike, and run. I have been on a bike team for 5 years, have ridden the Texas MS150 3 times, and will be training for my first marathon (2024 Chevron Houston marathon). I have been a physical therapist for 8.5 years, with experience in a variety of settings including outpatient physical therapy, skilled nursing facility, assisted living faculty, and in physical therapy education. I was a Visiting Assistant Professor, Supplemental Learning Lab Coordinator, and Adjunct Faculty for Texas Woman's University for many years.

I have always been passionate about physical therapy. It started with my passion for excellent patient care, which then transformed into wanting to get involved with education to pass on that passion, and then wanting to get involved in a leadership role at the local level with the TPTA. I have had excellent role models within the physical therapy profession including professors, mentors, supervisors, colleagues, and acquaintances. Their involvement in the TPTA has motivated me to do my part. I served as the TPTA SED 1st Vice Chair from 2020 to 2022 and I am looking forward to possibly serving again in a different role.

Nominating Committee

JR Alexander

I am currently working at Houston Methodist Clear Lake in the outpatient orthopedic setting. I graduated from the Medical University of South Carolina approximately 2.5 years ago, but quickly became more involved with the SED through my move to Houston and time in the Harris Health Orthopedic Residency. Since then, I have grown to appreciate being a part of the unique scene that is the SED of the TPTA; and for me, the opportunity to serve in the nominating committee represents the opportunity to grow in serve for our profession and network with other drive physical therapists in our local area. Should I have the opportunity to serve in the nominating committee, I plan to facilitate the networking ability of the nominating committee particularly with my unique position in the Southeast Houston. I also hope to provide a unique viewpoint that will complement the SED committee as a whole. As a traditionally out-of-the box thinker, I thrive at introducing unique solutions and perspectives that provide a complementary approach to ideas and initiatives discussed in a team. With these skills as well as a passion and excitement for our profession, I hope to provide a unique set of qualifications that will serve the role well and further contribute to our growth as a district and PT community.



Dr. Neha Bodas

I arrived in Boston, MA in 2010 to study for my master's degree at MGH Institute of Health Professions after receiving my bachelor's degree in physical therapy from India. I worked in an outpatient clinic in NY before moving to Houston, TX with my husband in 2014. I have been practicing in an acute care setting since then. I have been a practicing physical therapist for over 10 years, and I secured my transitional DPT in 2017 (Texas Tech University Health Sciences Center) and CWS (Certified Wound Specialist) from ABWM in 2021. I have been an active member of APTA acute care practice committee since 2020 and am a contributing member to APTA Acute Care Lab Values document released in 2022 (updated version). I have been serving on multiple committees at Houston Methodist (Fall prevention committee, pressure injury prevention council, shared governance committee and system wound care committee) since my date of hire. I completed APTA and Texas Consortium Clinical Instructor courses in 2018 and have been mentoring students and new employees since 2016. Over the years, I have been improving my knowledge of physical therapy as a clinician, clinical instructor, researcher, and guide. I would like to take this opportunity to contribute to the profession by sharing my clinical, educational, and administrative skills and reach more physical therapists, physical therapy assistants, PT/PTA students and new graduates as a resource, encourage their involvement with TPTA SED and provide a professional networking platform for their growth. If granted the honor of being a nominating committee member, I would like to use my time, effort, and strengths to contribute to the profession of physical therapy, provide an effective and easily accessible platform to fellow physical therapists and bring together a unique and diverse population under the umbrella of TPTA SED. I would like to convey my deepest gratitude for accepting my nomination for this position and considering me for this opportunity.

Communications Chair



Chase McDonald

Chase received her Doctorate in Physical Therapy from the University of Texas Medical Branch in 2020. Since graduating, Chase has been actively involved in advocating for the profession, supporting our patients, and promoting next-level clinical practice.

After PT school, Chase started working in the hospital system, right in the height of the pandemic. Along with many of the challenges that came along with this area of practice during a world-wide crisis, she felt like she had so much room for growth to be able to provide physical therapy to a wide range of patients. She sought out and got accepted to Memorial Hermann's Acute Care Residency program in 2021. After completing the program, she went on to work at Children's Memorial Hermann Hospital in the medical center seeing hospitalized kids from birth to their teenage years.

Chase is running for the Communication Chair to become more involved and promote the profession and TPTA to all clinicians in the South Eastern District. She possesses excellent organization and communication skills from previous secretary and treasury leadership roles.

Chase is highly motivated to be successful and put forth her best effort as a Communication Chair to continue to progress this great profession and organization of ours.