

Thank you for joining us for the 2019 TPTA Annual Conference. We look forward to seeing you in The Woodlands! To help you onsite, please use this quick reference guide.

## GENERAL INFORMATION

### HOTEL AND CONFERENCE VENUE

The Woodlands Waterway Marriott Hotel & Convention Center  
1601 Lake Robbins Drive  
The Woodlands, TX 77380  
+1.281.367.9797

\*\*This hotel does not provide shuttle service.

### Parking At The Hotel

Complimentary Parking located in Town Center Garage on Six Pines Drive

### WEATHER

October Average High: 84° F/ 29° C  
October Average Low: 64° F/ 18° C

### WHAT TO BRING

Attire is business casual. PTA 50<sup>th</sup> Anniversary Celebration is Great Gatsby themed.

## ON-SITE INFORMATION

### REGISTRATION

The registration desk is located outside the Town Center Exhibit Hall on the first floor.

[Saturday, October 12th](#)

7:00 am – 2:00 pm

### EXPO HALL

[Saturday, October 12th](#)

10:00 am – 5:00 pm

### ON-SITE VOTING FOR PTS & PTAS (OUTSIDE EXPO HALL)

[Saturday, October 12th](#)

8:00 am – 1:30 pm

## TRANSPORTATION

### GEORGE BUSH INTERCONTINENTAL AIRPORT (IAH)

+1.281.230.3100

Hotel Direction: 22 miles N

SuperShuttle Fee: \$40 (one way) \*Reservation Required

Estimated Taxi Fare: \$75 (one way)

### WILLIAM P HOBBY AIRPORT (HOU)

+1.713.640.3000

Hotel direction: 40.4 miles N

SuperShuttle Fee: \$60 (one way) \*Reservation Required

Estimated Taxi Fare: \$120 (one way)

### CAR RENTALS NEARBY

[Enterprise Rent-A-Car](#), 26026 Interstate 45, Spring, TX 77386, TX 77386, +1.281.367.7890

[Hertz](#), 26202 I-45 North, The Woodlands, TX 77386, +1.281.296.8878

### BUS STATION

[Ride Metro](#), 0.1 miles N from hotel

[Woodlands Express Sterling Ridge Park & Ride](#), 48 miles N from hotel

### TRAIN STATION

[Amtrak](#), 11.8 miles NW from hotel



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#tptaAC2019



TexasPhysicalTherapyAssoc

# THINGS TO DO

## ATTRACTIONS, SHOPPING, AND DINING

**The Woodlands Mall**  
1201 Lake Woodlands Dr

**The Cynthia Woods Mitchell Pavilion**  
2005 Lake Robbins Dr

**Market Street- The Woodlands**  
9595 Six Pines Dr

**Tinseltown Movie Theater**  
1600 Lake Robbins Dr.

**The Woodlands Children's Museum**  
9595 Six Pines Dr

**Old Town Spring**  
123 Midway

**Houston Museum of Fine Arts**  
1001 Bissonnet

**Houston Museum of Natural Science**  
One Hermann Circle Dr.

**NASA Space Center**  
1601 NASA Rd. One  
60 miles S from hotel

**Augusta Pines**  
18 Augusta Pines Dr

## DINING \*This is not a comprehensive list of restaurants in the area

**BJ's Brewhouse**  
19075 IH-45 South

**PF Chang's China Bistro**  
1201 Lake Woodlands Drive

**The Cheesecake Factory**  
1201 Lake Woodlands Drive

**Benton's Bistro**  
8000 Research Forest Drive

**Cru Wine Bar**  
9595 Six Pines Drive, Suite 650

**Benihana's**  
1720 Lake Woodlands Drive

**Jasper's Restaurant**  
9595 Six Pines Drive

**Fleming's Prime Steakhouse**  
1201 Lake Woodlands Drive

**Pho & Sushi Bar**  
8000 Highway 242, Suite 106

**Buffalo Wild Wings**  
19075 I-45 South

**Kobe Japanese Steakhouse**  
433 Sawdust Road

**Chili's - Lake Woodlands**  
1110 Lake Woodlands Dr

**La Madeleine**  
9595 Six Pines Drive, Suite 100

**Dimassi's Mediterranean Buffet**  
1640 Lake Woodlands Drive

**Schilleci's New Orleans Kitchen**  
9595 Six Pines Drive, #1120

**The G's Healthy Gourmet**  
8000 Research Forest Drive

**Lupe Tortilla**  
19437 I-45 South

**Crabby Daddy Seafood**  
25186 I-45, Suite 4G

**Casa Del Sol**  
22507 Gosling Rd

**Becks Prime**  
2120 Buckthorne Place

**Black Walnut Café**  
2520 Research Forest Dr

**Skeeter's Mesquite Grill**  
4747 Research Forest Dr

**Tandoory Taco**  
407 Sawdust Rd

**The Cupcakery**  
9595 Six Pines Dr

## FRIDAY

### DIRECTORS MEETING

Waterway 6

1:00 pm – 3:00 pm

### BOARD MEETING

Waterway 6

4:00 pm – 7:00 pm

### TWLDP MEETING

#### OFFSITE\*

### Houston Methodist

17201 Interstate 45 S

Shenandoah, TX 77385

7:00 pm – 9:00 pm

## SPECIAL EVENTS

### FRIDAY

#### PT PUB NIGHT

#### SPONSORED BY ENSIGN THERAPY

BAR LOUIE (THE WOODLANDS)

24 WATERWAY AVE

SPRING, TEXAS 77380

### SATURDAY

#### PTA 50<sup>TH</sup> ANNIVERSARY

#### CELEBRATION

#### GREAT GATSBY STYLE

#### HOSTED BY THE TPTA PTA-SIG

Waterway Foyer

7:30 pm – 9:30 pm



#### 2019 CONFERENCE SPONSOR:



## SATURDAY

### NETWORKING BREAKFAST Waterway 6 Foyer

7:00 am

### AWARDS PRESENTATION & THE BARB MELZER

LECTURE: LEADERSHIP RVU: HOW TO SUPERCHARGE COMMUNICATION WITH YOUR PATIENTS USING TACTICAL EMPATHY

Waterway 6, 8:00 am – 9:30 am

### FRAILTY - NOT YOUR GRANDMOTHER'S AGING

Waterway 2, 10:00 am – 12:00 pm

### HIP AND KNEE REPLACEMENT TODAY

Montgomery C, 10:00 am – 11:00 am

### INTRODUCTION TO GENTLE THERAPEUTIC YOGA FOR PHYSICAL THERAPISTS Waterway 5,

10:00 am – 12:00 pm

### PAYMENT AND DIRECT ACCESS Montgomery

A, 10:00 am – 12:00 pm

### BLOOD FLOW RESTRICTION REHABILITATION ACROSS THE LIFESPAN: FROM SPORTS STARS TO SARCOPENIA Montgomery B, 10:30 am to

11:30 am

### STUDENT ASSEMBLY Waterway 4, 11:00 am to

12:00 pm

### PUMPING UP AGING ADULTS: NUTRITION AND EXERCISE CONSIDERATIONS Waterway 6, 11:30 am to 2:30 pm

### CLINICAL DECISION MAKING 101 Waterway 8, 12:00 pm – 4:00 pm

### COMPREHENSIVE MANAGEMENT OF NECK PAIN - IT'S TIME TO PULL IT ALL TOGETHER Waterway 7, 12:30 pm – 3:30 pm

### STUDENT BOWL Waterway 4, 1:00 pm – 3:00 pm

### MANAGEMENT OF THE POST-OPERATIVE SHOULDER: A BIOPSYCHOSOCIAL APPROACH Montgomery C, 1:00 pm – 3:00 pm

### DIFFERENTIAL DIAGNOSIS & TREATMENT OF THE ATHLETIC SHOULDER Waterway 2, 1:00 pm – 3:00 pm

### USING THE EYES AS A WINDOW Montgomery A, 1:00 pm – 4:00 pm

### CONTINUAL CHANGE: PROCESS IMPROVEMENT IN HEALTHCARE Montgomery B, 2:00 pm – 4:00 pm

### TPTA ASSEMBLY Waterway 5, 4:00 pm – 7:00 pm

## SUNDAY

### BREAKFAST Waterway 6 Foyer, 7:00 am

### COMPASSION FATIGUE OR BURNOUT- ETHICAL CONSIDERATIONS AND SELF CARE FOR THERAPISTS Montgomery B, 8:00 am – 10:00 am

### FOOT STRENGTH & MOBILITY: RECONNECT, RENEW & RELAX! SETTING A SOLID FOUNDATION WITH STRONGER FEET Waterway 6, 8:00 am – 10:00 am

### MAKING AN IMPACT ON POSTURE WITH MANUAL THERAPY AND EXERCISE Waterway 7, 8:00 am – 12:00 pm

### STANDARD AMERICAN DIET & STANDARD AMERICAN DISEASESAD – SAD Waterway 8, 8:00 am – 10:00 am

### THE PRESCRIPTIVE WHEELCHAIR - ADVANCING YOUR FUNDAMENTALS OF SEATING & MOBILITY Montgomery C, 8:00 am – 10:00 am

### TAI CHI FOR NEUROLOGIC DISORDERS Waterway 5, 8:00 am – 10:00 am

### PELVIC FLOOR THERAPY - BRINGING IT TO YOUR PRACTICE Montgomery A, 9:00 am – 1:00 pm

### INNOVATIVE POST-OPERATIVE MANAGEMENT AND OUTCOMES ANALYSIS FOR CHILDREN AND ADOLESCENTS WITH CEREBRAL PALSY FOLLOWING SINGLE EVENT MULTI-LEVEL SURGERY Waterway 8, 10:30 am – 12:30 pm

### SUSTAINABILITY AND THE PHYSICAL THERAPIST: IT'S MORE THAN JUST GOING GREEN Waterway 6, 10:30 am – 12:30 pm

### REASONING THROUGH DIRECT ACCESS: A GUIDE FOR DIFFERENTIAL DIAGNOSIS Waterway 5, 10:30 am – 12:30 pm

### VITALS ARE VITAL TO ALL THERAPISTS Montgomery B, 10:30 am – 12:30 pm

# EXHIBITOR LISTING

Booth	Company Name	Booth	Company Name
100	Therapy 2000	306	University of St. Augustine for Health Sciences
101	Legacy Healthcare	307	Rehab Synergies
102		308	KidsCare Home Health
103	Thrive Skilled Pediatrics	309	Cole Health
104	Fusion Medical Staffing	314	Rehabilitation Chair Lift, Inc.
106	Ensign	315	Primal Flow
107	Hendrick Health System	400	RiverKids Pediatric Home Health
108	Physio	401	EZ Reaches
109	ERGO-FLEX Technologies LLC	402	University Health System
110		403	Baylor Scott and White Health
112		406	Owens Recovery Science
113	Therapy Staff, LLC	407	Reliant Rehabilitation
114		408	MyoBuddy Massager
115		409	Sage Care Therapy
200	Advanced Travel Therapy	413	AMTI
201		414	
202	Thrive Skilled Pediatrics	415	
203	HCA Houston Healthcare	500	TPTA PR
206		501	FOX Rehabilitation
207	Pediatrics Plus	502	
208	Permobil	503	HHS Early Childhood Intervention
209		505	TIRR Memorial Hermann
212	MedCare Pediatric Group	506	VIVA Pediatrics
214		507	TSPTA
215		508	
300	At Home Healthcare	509	San Jacinto College
301	Select Medical/Baylor Scott & White Institute for Rehabilitation	511	
302	Century Rehabilitation	512	
303	Texas State University Residency Program	513	