

## Secretary (Select 1)



### **Charles "Matt" Huey, PT, MPT, Dip MDT, FAAOMPT**

**Present Employment:** Premise Health

**City:** Coppell

**APTA Member:** 11 years

**TPTA Member:** 6 years

I am excited to be slated for the position of Secretary with the TPTA. I have a deep commitment to advancing our profession not only nationally but within our great state. I understand the importance of clear and effective communication and organization to ensure that our association and members stay informed of important issues. I look forward to serving the TPTA in this role.

## Speaker of the Assembly (Select 1)



### **Chad Jackson, PT, DPT, EdD**

**Present Employment:** University of the Incarnate Word

**Position:** DPT Program Director

**City:** San Antonio

**APTA Member:** 26 years

**TPTA Member:** 12 years

It is with gratitude that I accept the opportunity to be slated for the Speaker of the Assembly ballot. Service through leadership has been a significant part of my life's work. Experiences include components of strategy, policy, budgetary, and leadership which have provided over two decades of experiential leadership training.

Related to TPTA leadership, specific experiences have been my role as:

- DPT educator with nine years in clinical education and three years as the UIW DPT Program Director
- TPTA Bylaws committee member 2014-2018 and chairperson for the past year
- APTA Bylaws and House Committee Member 2024 – 2027
- Co-founder of the UIW Service-Learning committee creating bylaws and institutionalizing the committee
- Nine years as city councilman/mayor
- Eleven years as a full-time physical therapist
- APTA Fellowship in Education Leadership 2022 graduate

- Creator and co-leader for CenTered - an annual retreat for foster/adoptive/kinship dads.

The Speaker has a range of duties requiring operational knowledge most notably serving as a) the presiding officer of the Assembly, b) a member of the Board of Directors and Executive Committee, c) as a liaison to various committees, and d) familiarity with the bylaws, reference manual, policies, and parliamentary procedures.

During my four years as the mayor, I facilitated city council meetings with a formal order, however, more training is beneficial. This fall I plan to complete a formal parliamentary training course which will benefit the TPTA. Ultimately, I look forward to using my experiences and continuing to grow in the skills needed to be an effective Speaker. Please consider me when voting for the Speaker of the Assembly.

## Nominating Committee (Select 1)



### **Nijiera Addison, PT** Withdrew (Relocation)

**Present Employment:** Memorial Hermann Pelvic Floor Health Center  
**Position:** Physical Therapist  
**City:** Little Elm  
**APTA Member:** 5 years  
**TPTA Member:** 2 years

Nijiera earned a degree in exercise science and biology from Georgian Court University and a Doctor of Physical Therapy from the University of the Sciences. She is certified in Dry Needling for the pelvic floor has advanced training and certification in both hip preservation and differentiation of hip and sacroiliac joint dysfunction. Her primary area of interest and specialization is pelvic floor dysfunction. Nijiera is a member of Memorial Hermann’s Pelvic Floor Program team where she helps patients with pelvic and perineal pain; post-partum management; post-partum return to sport; pregnancy, labor and delivery preparation; and stress, urge and mixed incontinence issues.



### **Hazel Anderson, PT**

**Present Employment:** University of St. Augustine Health Sciences  
**Position:** Core Faculty  
**City:** Austin  
**APTA Member:** 7 years  
**TPTA Member:** 7 years

As a dedicated physical therapist and educator with over 14 years of experience in Texas, I am excited to apply for the position of Nominating Committee Member for the Texas Physical Therapy Association. My unique background, which includes international experience and a strong commitment to the profession, positions me well to contribute to this role.

Since joining the APTA in 2012, I have built a network within the physical therapy community in Texas. As a core faculty member at the University of St. Augustine in Austin since 2017, I have fostered

connections between students, alumni, and professionals. This network, combined with my experience in various clinical and academic settings, will be valuable in identifying and recruiting candidates for leadership positions within our chapter.

My organizational skills, honed through university roles such as Student Physical Therapy Association faculty liaison, course coordinator, and admissions committee chair, ensure that I can efficiently manage the responsibilities of the Nominating Committee. I am committed to meeting deadlines, verifying candidate information, and collaborating effectively with the Committee Chair and Texas Chapter to ensure successful elections.

Serving on this committee would allow me to contribute to the Texas Chapter on a broader scale and help shape the future of physical therapy in our state. I would be honored to serve as a member of the Nominating Committee and am committed to fulfilling this role with enthusiasm, integrity, and dedication to the Texas Physical Therapy Association.

## Delegate at Large (Select 6)



### **Tiffany Barrett, PT, DPT, DSc, Board-Certified Orthopedic Clinical Specialist**

**Present Employment:** Augustana University

**Position:** Associate Professor

**City:** McGregor

**APTA Member:** 12 years

**TPTA Member:** 1.5 years

It is with great enthusiasm that I submit my candidacy for Delegate at Large, inspired by my dedication to fostering growth and excellence within our profession. With over a decade of experience in physical therapy as a clinician and educator, I bring a unique blend of academic expertise, clinical acumen, and a strong dedication to service within our professional community.

I hold a Doctor of Physical Therapy degree from the University of Colorado, a Doctor of Science in Rehabilitation Science degree from Texas Tech University, and a Board Certification as a Clinical Specialist in Orthopedic Physical Therapy. Currently, I serve as an Associate Professor in the Department of Physical Therapy at Augustana University, where I have the privilege of shaping the next generation of physical therapists. In this role, I have developed a deep understanding of the critical issues facing our profession today, particularly in the areas of education, clinical practice, and professional development. In addition to my academic responsibilities, I maintain an active clinical practice, which ensures that I stay closely connected to the evolving needs of our patients.

My prior involvement in professional organizations, including APTA and the State Physical Therapy Board, has equipped me with a strong foundation in governance and advocacy. As a candidate for Delegate at Large, I am committed to bringing my experience, passion, and dedication to the House of Delegates. I believe in the power of informed decision-making, collaboration, and open dialogue to drive our profession forward. If elected, I will work diligently to represent the interests of our members, ensure that our voices are amplified, and contribute to shaping policies that will advance the practice of physical therapy in Texas.



## **Vanessa Boyd, PT, DPT, CLT**

**Present Employment:** Texas Health Resources Hospital - Denton

**Position:** Rehabilitation Manager

**City:** Argyle

**APTA Member:** 7 years

**TPTA Member:** 7 years

I am genuinely excited and honored to be slated for the position of Delegate at large for the TPTA. I would appreciate the opportunity to serve and advance the profession of physical therapy. I graduated from Louisiana State University-Health

Sciences Center in Shreveport, Louisiana, in 1988. Over the past 36 years, I have witnessed the evolution of the profession of physical therapy far beyond my wildest imaginings as a new graduate working in a rural, 44-bed hospital in my hometown of Marksville, Louisiana. When I returned to graduate school five years ago to pursue a Transitional-Doctor of Physical Therapy at Texas Tech University-Health Sciences Center, my passions for learning and exploration were reignited and refreshed. I was inspired by the drive and the determination of the many talented physical therapists across the country and from varied clinical settings. I realized that I wanted to participate at a higher level and contribute to the profession that has afforded me many excellent opportunities. I do not wish to continue practicing on the sidelines of the profession. Instead, I want to serve and be a party to the changes that will shape and guide the physical therapy profession's future.

I am employed as the Rehabilitation Manager at a small acute care hospital that serves Denton County and the surrounding small towns. The pandemic of 2020 drove home the notion that we can persevere and accomplish anything if we strive together as a community. The THR system of hospitals pooled their resources. As a result, we were able to ride out the desperate shortages of protective equipment by working together in the spirit of cooperation to serve the patients in our care. The process was not without its challenges, but we have emerged as a stronger and more resilient company than we were before the pandemic. This resilience is something that we all possess within us, but we must cultivate it to actuate its potential in the work that we do to provide quality healthcare. I look forward to cultivating and expanding the varied role that physical therapists can play in this ever-changing healthcare landscape. As a profession, it is vital that physical therapists are granted a seat at the table to create positive changes in the healthcare system. Moreover, I believe that my experiences and insight will complement the voices of the next generation of physical therapists. If elected, I will endeavor to serve the TPTA as it continuously plans, guides, and prepares for the future of the profession of physical therapy. I am excited and energized to create opportunities for diversity, advancement, and autonomy in the physical therapy profession.



**Brittani Freund, PT, DPT, PhD, ATC, LAT, Board-Certified Sports Clinical Specialist, 2024-2025 Fellow, APTA Academy of Education Fellowship in Higher Education Leadership**

**Present Employment:** University of St. Augustine for Health Sciences

**Position:** Assistant Professor/Associate Director of Clinical Education

**City:** Frisco

**APTA Member:** 5 years

**TPTA Member:** 5 years

I am honored to be slated as a potential candidate for the Texas Physical Therapy Association Delegate-at-Large. I believe my passion for service and leadership can help me advocate for our Texas Chapter members to enhance our ever-advancing and evolving profession.

I have been an Athletic Trainer for 13 years and a Physical Therapist for 10 years. My background is in sports medicine and sports performance. I transitioned to academia in 2018, however, continue to serve as a sports medicine volunteer for the United States Olympic and Paralympic Committee as well as, United States Figure Skating.

In my role as the founding, associate Director of Clinical Education at the University of St. Augustine for Health Sciences – Dallas campus, I have built a strong community network; As an academic faculty, I have experience with Interprofessional Education, serving as a Sponsor for our student’s Special Interest Group, serving on Committees (Core Faculty Interview, Student Admissions, New Faculty Mentor, etc.) and taskforces to improve the student experience. In regards to leadership, I serve on our Institution’s Faculty Senate, this position allows me to have an active role in our University’s shared governance model. I am also a 2024-2025 Fellow of the APTA Academy of Education Fellowship in Higher Education Leadership. I believe these experiences will equip me to effectively represent and advocate for our Chapter.

As a Delegate at Large, my vision is to foster a collaborative and empowering environment. I believe together we can achieve great things for our profession and the patients we serve. If elected as your Delegate at Large, I will bring enthusiasm, dedication, and collaboration to the role. I look forward to the opportunity to work with each of you and to contribute to the continued success and advancement of our profession.

Thank you for your consideration and support.



## **Charles “Matt” Huey, PT, MPT, Dip MDT, FAAOMPT**

**Present Employment:** Premise Health

**Position:** Physical Therapist

**City:** Coppell

**APTA Member:** 11 years

**TPTA Member:** 6 years

I am honored to have served for the past 5 years as a Delegate at Large for the Texas Physical Therapy Association. During this time, I have passed a motion through the House of Delegates in 2023 (RC 21-23 The APTA supports pay transparency by employers of physical therapist and physical therapists assistants). Texas has continued to be a leader in the advancement of our profession and it’s important that we continue this into the future. I feel that the physical therapy profession is standing on the cusp of an important time in healthcare. The services we provide as physical therapists and physical therapists assistants are key to helping people live life to their fullest.

I believe that it is vital to listen to the concerns of every therapist, regardless of APTA or TPTA membership status. If we are not listening to the concerns of those on the front lines now, where will the profession be in 10-20 years? All therapists deserve to have their voices heard and these viewpoints, good or bad, must be brought to the attention of the APTA and TPTA.



## **Mark Lester, PT, DPT, PhD**

**Present Employment:** University of Texas Rio Grande Valley

**Position:** Professor & Chair, Department of Physical Therapy

**City:** Harlingen

**APTA Member:** 24 years

**TPTA Member:** 15 years

I am honored to be considered to serve as the Delegate-at-Large for the Texas Physical Therapy Association. I’ve been an active association member for over two decades. Over the course of my career I’ve been an ardent supporter of and advocate for our profession as a clinician, administrator, researcher, educator, and mentor. Recently, this has culminated in my appointment as the Chair of the Physical Therapy Department at UTRGV, where we are developing a new DPT program in order to improve access to and the quality of PT services for the medically underserved region of the Rio Grande Valley. I am excited about the opportunity to give a voice to policy and leadership decisions our national body on behalf of the TPTA. This is a responsibility, that if selected, I will take seriously and will do my utmost to represent the best interests of the Texas Physical Therapists and PT Assistants and students.

My career has spanned over 30 years, beginning as a Physical Therapy aide, I subsequently completed a PTA degree, a master’s and transitional doctorate in Physical Therapy and a PhD in Rehabilitation Science. My formal education and work experiences have shaped my unique perspective of our profession and will allow me to serve the best interests of Physical Therapists, Physical Therapy Assistants, and students.

During my 26 year military career, I developed first-hand experience across practice settings to include outpatient orthopedics and sports medicine, primary care and direct access, adult neurological rehabilitation, acute and outpatient burn and polytrauma rehabilitation and establishing practices in austere settings. I believe with these experiences I can bring a unique voice to the discussion of advancing PT practice across multiple settings.

As a research scientist and educator, I am acutely aware of the tremendous advancements we have made in evidence based practice, but also recognize our continued need to improve access to and the quality of care for our patients. I am equally aware of the burdens faced by our students as educational costs continue to soar and reimbursement for patient care plateaus or is threatened by cuts, creating an untenable situation for young professionals. Finally, I recognize the need for greater diversity, inclusion, and equity within our professional ranks that will not only enhance our professional culture, but ultimately improve the services we provide and outcomes for our patients. These issues are a few of those that I would advocate for if chosen for this position.

I'm a strong team player and have served in multiple positions at the local and federal level. I've previously served as an alternate delegate to the house and have served as a delegate at large for the last two years. Additionally, I've served on steering committees for the Department of Defense and National Institutes of Health, and committees on the role of PT as primary care providers and physician extenders. I believe this experience will continue to help me advocate for our Texas Chapter members and champion policy decisions that will enhance our profession and the future of Physical Therapy.



## **Warren McAdams, PT, DPT**

**Present Employment:** University of St. Augustine for Health Sciences

**Position:** Instructor

**City:** Austin

**APTA Member:** 5 years

**TPTA Member:** 5 years

I am deeply interested in the position of Delegate-at-Large for the Texas Physical Therapy Association due to my profound commitment to the field of physical therapy and my desire to contribute meaningfully to the profession's growth and governance. Throughout my career, I have consistently demonstrated a dedication to excellence, innovation, and service, which aligns perfectly with the responsibilities and duties of a Delegate-at-Large.

My background in physical therapy, coupled with my involvement in various leadership roles within our professional PT associations, has equipped me with a comprehensive understanding of the profession's challenges and opportunities. As a Vice-Chair for the Capital Area District, I have successfully assisted in the orchestration of district-wide business operations, coordinated activities, and fostered communication and support between the Executive Committee and members. These experiences have honed my ability to represent diverse perspectives, advocate for our members, and ensure that their voices are heard at both state and national levels.

Moreover, my role as a Critical Appraiser has provided me with valuable insights into the importance of evidence-based practice and the need for ongoing professional development. By analyzing research and collaborating with experts across the country, I have contributed to the development of Clinical Practice

Guidelines and treatment recommendations that enhance patient care and outcomes. This experience underscores my commitment to advancing our profession through informed decision-making and collaboration.

Additionally, my involvement as a Volunteer Firefighter & EMT highlights my dedication to public service and community engagement. These roles have reinforced my ability to communicate effectively under pressure, make critical decisions, and work collaboratively with diverse teams. I believe these skills are crucial for a Delegate-at-Large, who must navigate complex issues, engage in meaningful discussions, and represent the interests of our members with integrity and professionalism.

Furthermore, I am passionate about promoting the value of volunteerism and community involvement within the physical therapy profession. My experience as a community educator and healthcare consultant has allowed me to create and implement educational programs that empower healthcare professionals and improve patient outcomes. I am eager to bring this passion and expertise to the Delegate-at-Large position, where I can advocate for initiatives that foster community engagement and enhance the public's understanding of the vital role physical therapists play in improving health and wellness.

Ultimately, I am interested in the position of Delegate-at-Large because it offers a unique opportunity to leverage my skills, experiences, and passion for physical therapy to make a meaningful impact on our profession. I am committed to representing our members with dedication and integrity, and I am eager to contribute to the advancement of the TPTA and the physical therapy profession as a whole.



## **Jennifer Peterson, PT, DPT, CFMT**

**Present Employment:** Glow Physical Therapy, PLLC

**Position:** Owner/Physical Therapist

**City:** Fort Worth

**APTA Member:** 1 years

**TPTA Member:** 1 years

I have served the Fort Worth area as a clinical physical therapist over the past 12 years. Throughout this time, I have treated in several orthopedic outpatient clinics, as well as creating and managing my own private physical therapy and wellness business. During my time in Fort Worth, I have served as a clinical instructor, guest lecturer, and adjunct faculty member locally, out of state, and virtually.

As I continue to develop professionally, it has become very important to me to become more involved in the present and future of physical therapy.

I greatly look forward to serving our profession through this leadership position with the TPTA.





## **Steve Rodriguez, PT, DPT, MS**

**Present Employment:** Houston Methodist Clear Lake

**Position:** Physical Therapist

**City:** Richmond

**APTA Member:** 5 years

**TPTA Member:** 5 years

My name is Steve Rodriguez, and I am excited to submit my candidacy for the TPTA Delegate at Large position. As a dedicated physical therapist and a passionate advocate for our profession, I believe I am well-equipped to represent the interests of our members and contribute meaningfully to the Texas Physical Therapy Association.

In 2024, I had the privilege of serving as an alternate delegate for the TPTA, where I was called into action twice, most recently at the House of Delegates during the annual leadership congress. These experiences have deepened my understanding of the critical issues facing our profession and have fueled my commitment to advocate for the needs of our members. Additionally, I am currently a Tom Waugh Leadership Fellow in training, which has further enhanced my knowledge for serving the TPTA and my ability to make an impact on behalf of the association.

My journey in physical therapy began with a strong academic foundation, earning a Doctorate in Physical Therapy from the University of St. Augustine for Health Sciences. My career has been focused on sports rehabilitation, where I have had the privilege of serving as a sports physical therapy resident at Houston Methodist, working closely with athletes and the local community.

In addition to my clinical experience, I bring a strategic mindset honed through my current studies in the Professional MBA program at Rice University. This unique combination of clinical expertise and strategic acumen positions me to effectively advocate for policies and initiatives that advance our profession and support the needs of our diverse membership.

As a Delegate at Large, I am committed to ensuring that the voices of physical therapists across Texas are heard and represented. I am passionate about innovation, community engagement, and the continuous improvement of our practice. My goal is to work collaboratively with my fellow delegates to address the challenges and opportunities facing our profession while upholding the highest standards of care for our patients.

I am eager to contribute my skills, experience, and passion to the TPTA as a Delegate at Large, and I respectfully ask for your support. Together, we can continue to advance the profession of physical therapy in Texas.

Thank you for considering my candidacy.



## **Adam Roggia, PT, MBA, MS, Board-Certified Orthopedic Clinical Specialist**

**Present Employment:** Confluent Health, Texas Physical Therapy Specialists

**Position:** CEO Sports Medicine Associates of San Antonio

**City:** San Antonio

**APTA Member:** 15 years

**TPTA Member:** 6 years

I look forward to the opportunity to serve on the TPTA House of Delegates as a Delegate-at-Large. I believe we all have a responsibility to serve, and with service to others, we make our greatest impact.

I have previously served on the House of Delegates for the state of Texas from 2019-2022, as well as two years in the state of Washington, as both an alternate and a Delegate-at-Large, and district director. In these roles I took part in attending, voting, and crafting motions and legislation, including helping make significant progress in voting rights, and expanding the APTA's inclusivity.

My experience as a therapist over the last twelve years has largely been in private practice companies, executive management, and operations previously serving as a VP of Operations, and presently serving as a Regional Director for Texas Physical Therapy Specialists. My current role with TexPTS involves serving as the CEO of a private practice sports medicine group involving physicians, surgeons, and physical therapists, which can help bring a unique boots-on-the-ground perspective to the aims of therapists in the TPTA and APTA.

I received my BS in Exercise Science in 2008 from Brigham Young University, and a MS in Sports Conditioning and Performance in 2010 from Southern Utah University. I completed my DPT from Marymount University in Arlington, Virginia in 2012, and became a Board Certified Orthopedic Specialist in 2015. I finished an MBA with emphasis in Management from Texas A&M International University in 2022.

Thank you for your consideration and vote.



## **Jessica West, PT, DPT**

**Present Employment:** Baylor Scott & White Institute for Rehabilitation

**Position:** Center Manager

**City:** Denton

**APTA Member:** 10 years

**TPTA Member:** 10 years

It has been an honor to serve as your TPTA Delegate to the APTA House of Delegates for 6 of the last 7 years. In that time, I have deepened my commitment to achieving the APTA's strategic plan and have developed a passion for improving member representation and involvement within the association. Specifically, I believe one of my most important duties is communicating with members to keep them informed of House ongoings and ensure they have the opportunity to communicate their needs and opinions regarding the APTA's priorities.

As a delegate, I have demonstrated this commitment by facilitating discussion at town halls, sharing information and engaging in conversations on social media, and informing my colleagues within my organization via formal institutional avenue to ensure that everyone has the opportunity to participate, and directly reaching out to members of demographic groups that will be most heavily affected by specific house motions. I strongly believe that more direct engagement from our members will strengthen our association and, by extension, our profession.

I have also been an active and engaged member of the Texas delegation both during in-person discussions and on the House HUB (online house community). I was the lead delegate from Texas on motion RC 9-21 ADOPT: American Physical Therapy Association's Commitment to Being an Anti-Racist Organization. And I assisted in the passage of RC 15-24 Adopt: Family Friendly Organizational Policies in Physical Therapy. Over the course of developing and passing these motions I learned how to successfully navigate the systems of governance within the house, communicate effectively with conflicting interest groups, and skillfully coordinate passage of the motion on the house floor. I am happy to say that, despite significant debate around both of these motions, they each passed with overwhelming support thanks to our delegation's consistent communication and engagement of members.

In addition to my service as a delegate, I have been an active member of the Southeastern District (SED) Board of Directors in both the positions of Government Affairs Chair (GAC) and as the House of Delegates Representative. As GAC I helped to navigate the passage of the Texas Direct Access Bill and educated members on best practices in instituting Direct Access in their own practices. And as a member of the board I advocated consistently to increase member engagement by directly accessing their stated needs and structuring our meetings and events to increase the value of our association. I also serve as an Item Writer for the Academy of Oncologic Physical Therapy specialty exam.

Professionally, I have acquired a wide breadth of experience in my comparatively short career. I graduated with my DPT in 2017 from Texas Woman's University in Houston. In 2019 I became a Board Certified Specialist in Oncologic Physical Therapy and have worked primarily in the inpatient rehabilitation and acute care settings (at MD Anderson Cancer Center and Houston Methodist). At the height of the COVID pandemic I worked exclusively on a COVID ICU. I also had the privilege of teaching in a clinical role at Texas Woman's University in Houston for two years where I gained valuable insight into the roles of students and educators in strengthening our profession. Most of my education and professional experience has been in Houston's Texas Medical Center. But I moved to Denton in 2021 and have transitioned to working as a clinic manager in an outpatient clinic with Baylor, Scott, and White Institute for Rehabilitation. I now serve a largely rural population and am more deeply acquainted with the challenges and opportunities presented to therapists in non-urban settings.

I am committed to our profession, to its membership and its growth. I am vocal and have demonstrated an ability to advocate for our members even when it is difficult. I would love to continue my work with the Texas delegation and would be honored and humbled to have your vote. Thank you!